



STEPPING STONES
— counselling group —

SUMMER PROGRAMS

AGES 6-9

Independent Work Systems (Ages: 6-9)
Thursdays, 4:00pm-5:15pm starting July 25
School preparation for children with executive functioning challenges.

Girl Power (Ages: 8-10)
Wednesdays, 4:00pm-5:15pm starting July 24
A social/self esteem group for girls with social communication challenges. Activities will include art, cooking, yoga, games, group outings and assertiveness training.

AGES 9-14

Ben Lee Park & Picnic Brunch (Ages: 9+)
July 12, 9:00am-11:00am
Hike Knox Mountain & Picnic Brunch (Ages: 12+)
July 11, 9:00am-11:30am
Escape Rooms (Ages: 12+)
July 11 & 18 - Afternoon
Atlantis Waterslides (Ages: 12+)
*must be able to swim
July 10 & 17, 2:00pm-6:30pm
Bowling (Ages: 12+)
July 19, 2:30pm-4:30pm

Improv Summer Series (Preteens)
July 30, August 6 & August 13, 4:00pm-5:30pm
Making Memories - Grief Workshops (Ages: 13-18)
July 4 & August 22, 6:30pm - 8:00pm
Girl Power (Ages: 8-10)
Wednesdays, 4:00pm-5:15pm starting July 24
A social/self esteem group for girls with social communication challenges. Activities will include art, cooking, yoga, games, group outings, and assertiveness training.
Boys Summer Social Group (Ages: 9-12)
Wednesdays, 2:00pm-3:30pm starting July 24
A social group for boys with social communication challenges with an opportunity to play board games, build Lego, engage in special activities and crafts.

AGES 14-18

Life Skills Group (Ages: 15+)
July 16-19, 11:00am-1:30pm
To include: budgeting, grocery shopping, preparing lunch, cleaning, laundry, riding the bus, learning about part-time jobs
Improv Summer Series (Teens)
July 30, August 6, & August 13, 6:00pm-7:30pm
Making Memories - Grief Workshops (Ages: 13-18)
July 4 & August 22, 6:30pm - 8:00pm

Teen Social Events
Teen events offer a unique opportunity for your teen to build friendships, and belong to a group just for them. All activities are centered around: social learning, building confidence, independence, and communication skills.
Video Gaming - July 10, 4:00pm-5:30pm
Movie & Pizza - July 15, 6:00pm-8:30pm
Scandia - July 23, 10:30am-12:00pm
Laser Tag - July 24, 4:45pm-6:00pm
Scandia - Aug 6, 10:30am-12:00pm
Boardgames - August 7, 4:00pm-5:45pm
Movie & Pizza - August 12, 6:00pm-8:30pm
Breakfast Club - August 20, 9:30am-11:00am
Laser Tag - August 21, 4:45pm-6:00pm

AGES 18+

Hiking for Beginners
Start your weekend right by joining us biweekly Friday mornings for a gentle hike in various locations.

Mission Creek Park - July 12, 9:30am-11:00am
Rose Valley Regional Park - July 26, 9:30am-11:00am
Knox Mountain - August 9, 9:30am-11:00am
Eain Lamont Park - August 23, 9:30-11:00am

**TO REGISTER OR FOR MORE INFORMATION,
PLEASE CALL 250-763-7414.**

250-763-7414
info@steppingstonesokanagan.ca

1893 Ethel St Kelowna BC V1Y 2Z3
www.steppingstonesokanagan.ca